



Young Adult Breast Cancer Resource Guide

Please be sure to check out our [Go Jen Go Resource Guide](#) to learn about other resources for all breast cancer patients.

This guide provides resources specific to Young Adult Breast Cancer Survivors, Thrivers and Fighters (18 - 39 years).

Financial Assistance	
Cancer Care	We offer limited financial assistance for cancer-related costs such as transportation and child care, and our oncology social workers can help you find resources.
Cancer for College	At Cancer for College, our mission is simple yet profound: to provide hope and inspiration to cancer survivors through academic scholarships, medical debt relief, and educational experiences. Medical Debt Relief: under 25 years of age.
L.I.F.E	An organization dedicated to cancer survivorship by providing assistance to young adults who are fighting cancer and in financial need. This is accomplished through our cancer survivor grant program. The amount of each grant depends on the availability of funds and resources, but is approximately \$1,000.
The Meggs Foundation	Providing financial assistance for people in treatment that are 39 and under
Tigerlily Foundation	Supporting women diagnosed with breast cancer between 15 - 45
Sharsheret	Sharsheret is a national non-profit organization that improves the lives of Jewish women and families living with or at increased genetic risk for breast cancer or ovarian cancer through personalized support and saves lives through educational outreach. A general focus on young defined as active women who are dating, working or parenting. You don't have to be Jewish to ask for support.



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Questions, contact Jessie Nash, Program Manager

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Family Planning/Fertility	
Expect Miracles Foundation	There are two grants- financial assistance and fertility
Ferring Fertility	The Heart Beat program provides certain fertility medications at no charge to women who have had a cancer diagnosis
Fertility Scout	Fertility Scout was designed to help you find fertility preservation and family-building services quickly. It also allows you to reach out directly through our secure email system to any AFP member facilities to request an appointment. This tool is a comprehensive listing of fertility preservation services AND post-treatment family building resources such as egg donor and surrogacy agencies, and adoption and ART attorneys.
Life Interrupted Grant	The Allyson Whitney Foundation primarily provides young adult cancer patients (16-36) with 'Life Interrupted Grants' to ease their financial burden, so that they can concentrate their energy on healing.
Livestrong	Livestrong Fertility was created for those whose cancer diagnosis may affect their ability to create or add to their families.
Take Charge	Helps with understanding the questions and information you should know about infertility, part of the Fuck Cancer organization
Team Maggie	Team Maggie's Dream purpose is to provide financial assistance to young women and men for the purpose of preserving eggs and sperm.
Tinina Q. Cade Foundation	Grants assist with the costs associated with infertility treatment or domestic (does NOT cover international) adoption
Verna's Purse	Discounted costs for tissue storage
Worth the Wait	Worth the Wait's mission is to ease the burden for young adult cancer survivors pursuing parenthood by providing financial support for fertility preservation, fertility treatments, adoption and surrogacy. Emergency fertility preservation grants are rolling and family building grants are awarded quarterly and both are based on financial need.
Family Support	
Camp Kesem	We support children who have a parent with cancer or passed from cancer through and beyond their parent's cancer with free, fun-filled creative programs and a lasting community. From summer camp, virtual programming, family days, year round programming and resources.
Bright Spot Network	Provides young cancer survivors who are parents of small children (0-10, or pregnant) with a safe space for individual and familial healing, recovery, and reconnection. We focus on young parents and guardians caring for young children at the time of diagnosis, including those diagnosed during pregnancy.



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Empower Through Play	Empowering children and families to cope with life's challenging experiences utilizing creative expression, education, preparation, and therapeutic play.
The Lonon Foundation	Our mission is to help children affected by their parent or caregiver's cancer diagnosis find comfort, heal and grow from their shared experiences.
Pickles Group	Free peer to peer support for children/teens who are impacted by their parents cancer as well as resources for their parents
Retreats & Programming Support	
B Present	We improve the quality of life and health outcomes of young adults with cancer through programs that promote and strengthen connections between young adults and their communities of support.
Cactus Cancer Society	Provides a safe space where young adults (ages 18-45) facing cancer can connect, cope, and thrive with one another in an online community through creativity and expression. We want to end isolation for young adults facing cancer.
Dear Jack Foundation	Provides impactful programs benefiting adolescents and young adults (AYA) diagnosed with cancer and their families to improve their quality of life from treatment to survivorship. Our vision is to be a national leader in adolescent and young adult cancer programming, by giving patients, survivors, and their caregivers a community and support rooted in mental and physical wellness based tools and resources from diagnosis through survivorship.
Elephants and Tea	Our mission is to help adolescent and young adult (AYA) patients, survivors, and caregivers know they are not alone in their experience with cancer. The <i>Elephant</i> in the room is cancer. <i>Tea</i> is the relief conversation provides. We are the only magazine written for and by the AYA cancer community telling their story in their own words.
Fly Again Foundation	The Lisa Marzullo Fly Again Foundation grants Dream Vacations to young adults battling breast cancer, along with a companion of choice. Inspired by Lisa Marzullo's first question to doctors during treatment – "When can I fly again?" – our mission is to Give Flight to the Fight, infusing hope into the lives of those 18-40 navigating treatment, surgery, and medical appointments.
Stupid Cancer	Stupid Cancer's mission is to help empower everyone affected by adolescent and young adult (AYA) cancer by ending isolation and building community. Stupid Cancer offers a lifeline to the adolescent and young adult cancer community by providing age-appropriate resources to help navigate treatment and survivorship on your own terms.
Tigerlily Foundation	National women's health and oncology organization providing education, awareness, advocacy and hands-on support to young women (15-50) before, during and after cancer.



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True North Treks	TRUE NORTH TREKS is a 501(c)3 nonprofit organization whose mission is to support young adults and caregivers affected by cancer to " <i>find direction through connection</i> ." One of the primary ways we do this is by taking groups on free backpacking and canoeing treks in beautiful and remote wilderness destinations where they can engage in three crucial connections that are often missing from conventional cancer care: 1) connection with nature (after going through something as <i>unnatural</i> as cancer treatment), 2) connection with peers who get it and have walked a similar path, and 3) connection with oneself through mindful awareness practices, such as meditation and yoga.
Ulman Foundation	We change lives by creating a community of support for young adults, and their loved ones, impacted by cancer.
Wildfire Magazine & Writing Community	A magazine for and by young breast cancer survivors.
Young Survival Coalition (YSC)	Young Survival Coalition (YSC) strengthens the community, addresses the unique needs, amplifies the voice and improves the quality of life of young adults affected by breast cancer, locally, nationally and internationally. Offering in person meetings, virtual hangouts, private Facebook groups, peer matching, events and other resources.

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