



# Patient Resource Guide

## Go Jen Go Foundation

The Go Jen Go Foundation knows that a breast cancer diagnosis can bring an overwhelming amount of information, appointments, and questions. We have created a patient resource guide in an effort to help you find other local and national resources that can support you and your family along your breast cancer journey.

Your nurse navigator and health care team will have additional resources and services to share with you as well so please be sure to ask them for any support that you need.

### Breast Cancer Products

<a href="#">ALALA</a>	Offers support to all cancer patients throughout the state of SC. Provides Breast Prosthesis, Mastectomy Bras, Cranial Prosthesis, and Compression. They also provide gas and grocery gift cards as needed.
<a href="#">Carolina Breast Friends</a> (local)	The mission of Carolina Breast Friends is to embrace the breast cancer community in a positive environment. Their Pink House Boutique is a space for self-image services and one-on-one sessions to be fitted for free wigs, head coverings, bras and prostheses.
<a href="#">EverYou part of The American Cancer Society</a>	EverYou, part of The American Cancer Society, offers products for hair loss caused by chemotherapy, radiation or surgical treatment, as well as special products for breast cancer patients and survivors.
<a href="#">Feel More Like You Program Walgreens</a> (local locations)	Side effects from cancer treatment can impact not only how you feel on the inside, but on the outside as well, with changes like hair loss and skin discoloration. Feel More Like You™ is a free service that features pharmacists and beauty consultants who are specially trained to help people better manage those internal and visible side effects from cancer treatment.
Kemp Bessant Cancer Center Lending Boutique (local)	Borrowing resource for wigs, scarves, hats, turbans, bras and prosthesis for Novant Health patients. Call 704-384-5223
<a href="#">Lux Glamorous</a> (local)	The owner makes custom wigs, offers payment plans, helps with cleaning wigs and placement for cancer patients and others needing medical wigs.

<a href="#">Pink Ribbon Gals</a> (local)	Pink Ribbon Gals specializes in After Breast Surgery products and supplies to women of the breast cancer community of the Carolina's and more. Our staff of professional, experienced, and qualified fitters will be there to assist and advise. A Bra that fits perfectly can make a real difference to your shape and comfort after any type of breast surgery, from Radical Mastectomy to Reconstruction!
<a href="#">Survivor Friendly</a> (locations in Shelby & Gastonia)	Focused on improving the quality for people experiencing an altered body image related to cancer treatment with online store and two locations within the greater Charlotte area.
<a href="#">Unique Boutique</a> (local)	Offers wide selection of mastectomy bras, fashion apparel, breast forms and wigs for women who have undergone mastectomy or chemotherapy.

## Financial, Food & Housing Support

<a href="#">Charlotte Area Fund</a> (local)	Ending poverty by investing in individuals and communities. Helping Home Fund helps income-qualified Duke Energy NC customers lower their energy bills, address energy-related health and safety issues and improve overall energy efficiencies. And offer Work Force Development programs to get training and certification to land a trade-based job.
<a href="#">Crisis Assistance Ministry</a> (local)	This organization can help with rent or utility payments, including emergency situations needing immediate support.
<a href="#">Community Shelter of Union County</a> (local)	We believe that safe, affordable housing and access to food are basic human rights. Our programs are aimed at making episodes of homelessness and food insecurity brief, rare, and one time only.
<a href="#">Department of Social Services</a> (local)	Social services include financial assistance for heating and power bill. Call 704-336-3000
<a href="#">Expect Miracles Foundation</a>	Financial assistance for young adult cancer survivors (21 - 39 years old) through their Surviving and Moving Forward grants.
<a href="#">Feast for Good</a> (local)	Provides nourishing food and meal assistance from local culinary resources to cancer patients.

<a href="#">Hope Cancer Ministries</a> (local)	Faith-based ministry offering support to cancer patients, caregivers and those who are grieving. They provide services with emotional and spiritual support, meals, food pantry, handyman services/housekeeping, financial support for critical needs and connecting to other community resources.
<a href="#">Housing Collaborative</a> (local)	Helping people find rental housing.
<a href="#">Komen Financial Assistance Program</a>	Susan G. Komen® offers the <b>Komen Financial Assistance Program</b> to eligible individuals undergoing breast cancer treatment at any stage or living with metastatic breast cancer (stage IV), the most advanced stage of breast cancer.
<a href="#">Lemontree Food Pantry Map</a> (local)	Use this map to see Food pantries and food banks close to you.
<a href="#">Lasagna Love</a>	Connects you to neighbors willing to provide a home cooked meal.
<a href="#">Nourish Up</a> (local)	Providing groceries to those in North Carolina through food pantries, grocery home and meal delivery and pop-up food shares.
<a href="#">Pink Fund</a>	Providing financial assistance for up to 90-days for non-medical costs-of-living expenses for breast cancer patients in active treatment.
<a href="#">Pretty in Pink</a>	Pretty In Pink Foundation's mission is to provide uninsured and under-insured breast cancer patients in North Carolina with financial assistance for quality, life-saving medical treatment.
<a href="#">Second Harvest Food Bank</a> (local)	Provide food distribution to various organizations and partners across 24 counties.
<a href="#">Spotless Cleaning Service SVC</a> (local)	Family-owned business in the greater Charlotte and Lake Norman areas. They are a proud partner of Cleaning for A Reason, helping women with cancer by providing free cleaning services. Mention Go Jen Go, when you inquire.

## Family Support



<a href="#">Camp Kesem</a> (camp locations within NC)	Camp Kesem supports children through and beyond their parent's cancer with free, fun-filled creative programs and a lasting community from summer camp, day programming, year- round programming and virtual programming.
<a href="#">Caregiver Mental Wellness, INC.</a> (local)	With a mission to empower caregivers with valuable knowledge and resources, to help foster caregivers' mental and emotional well-being.
<a href="#">Coastal Family Vacations</a>	They provide a low to no cost vacation for families in South Carolina where one member is undergoing cancer treatment
<a href="#">Empower Through Play</a>	Empowering children and families to cope with life's challenging experiences utilizing creative expression, education, preparation, and therapeutic play.
<a href="#">Health Guidance Center Foundation</a> (local).	An independent community resource program providing health, wellness and support services led by physicians, public health and psychosocial professionals.
<a href="#">The Lonon Foundation</a>	Our mission is to help children affected by their parent or caregiver's cancer diagnosis find comfort, heal and grow from their shared experiences.

## Transportation Support

<a href="#">American Cancer Society Road to Recovery</a> (local)	Eases the burden by giving free rides to cancer-related medical appointments from trained volunteers. You can call 1-800-227-2345
<a href="#">ChemoCars</a>	Giving free rides from a verified treatment center for chemo, radiation or certain non-surgical cancer treatments within the Charlotte area.
<a href="#">Shepherd's Center of Charlotte</a> (local)	Shepherd's Center of Charlotte has various services for older adults, one being their Essential Transportation Services for those 55+ and within Mecklenburg County.
Yvette W. Ferris Foundation (local)	Provides transportation assistance Monday - Friday 9 am - 5 pm, Call 980-237-9174 for more information.

# Health & Treatment Support

<a href="#">Atrium Health Levine Cancer Project Pink &amp; Project Pink Plus</a> (local)	Project PINK and Project PINK Plus provide access to free screening mammograms and breast care in a convenient, compassionate environment. Project PINK Plus provides patients who have an existing breast lump or other concerns the opportunity to receive a free diagnostic mammogram and follow-up care.
<a href="#">Breast Cancer Hub</a>	Breast Cancer Hub helps support cancer patients, focusing on detection and prevention, community outreach, cancer screenings, support groups, medical guidance, counseling, and care packages.
<a href="#">Charlotte Radiology</a> (local)	15 convenient locations, in addition to mobile mammography, serving Mecklenburg and surrounding counties. Provides sub specialized screening mammography and diagnostic breast cancer detection services.
<a href="#">Carla's Calls</a> (local)	Dedicated to providing confidential and empathetic support to single cancer survivors. Providing a 24/7 helpline for single cancer survivors, offering a toll-free number to connect with caring volunteers who offer emotional support, a listening ear, companionship, especially during late-night hours. Hotline: 800-747-1197
<a href="#">Casting Carolinas</a>	Combines fly fishing instruction with medical education and mindfulness offered to women surviving all types of cancer in North and South Carolina.
<a href="#">DeAngelo Williams Foundation</a> (local)	Mission is to develop and seek initiatives to support the eradication of breast cancer through preventative care and research.
<a href="#">Elizabeth House Foundation</a> (local)	Focuses on helping to close the health care disparities gap amongst minority communities. Providing health screenings free of charge to qualified candidates.
<a href="#">Novant Health Kemp Bessant Cancer Support Center</a> (local)	For Novant Health patients receiving treatment in Charlotte, we provide an off-site comfortable, home-like setting for you and your family. You'll find special programs and support, as well as services that aim to help you feel empowered to manage the changes associated with treatment and recovery. 704-384-5223 <i>(Most programs are open to all patients, even if not a Novant patient)</i>
<a href="#">Novant Health Mammograms</a> (local)	Our goal is to make it easy for you to schedule your annual mammogram whenever and wherever it makes sense based on your needs from evening and weekend hours, without a referral to mobile mammogram events. <a href="#">Mammogram Events</a>
<a href="#">NothingPink</a> (local)	NothingPink's mission is to create awareness of hereditary breast and ovarian cancer and provide personalized support to individuals at high risk. NothingPink is focused on providing support for women and men and their families in and around Carolinas with a focus on the Greater Charlotte area through peer support, care packages and financial assistance and genetic testing support.

# Breast Cancer National Organizations

<a href="#">American Cancer Society</a>  <a href="#">Reach to Recovery: Support Groups</a>	<p>The American Cancer Society National Cancer Information Center offers help as you're dealing with cancer by connecting you to our caring, trained staff to answer questions about a diagnosis, identify resources, or provide a listening ear and guidance. We offer health insurance assistance, American Cancer Society programs, and referrals to other services.</p>
<a href="#">Cleaning for a Reason</a>	<p>Offers free home cleanings to cancer patients in the US and Canada. Removing the burden of cleaning and allow those to recover from surgery, in active treatment or in hospice to focus on their health and spending valuable time with loved ones. Two free cleanings, once a month for two months.</p>
<a href="#">Dollar For</a>	<p>Dollar For is a national nonprofit that crushes medical bills by helping patients access charity care. We empower patients and advocate on their behalf.</p>
<a href="#">Good Days</a>	<p>Provide financial support to cover co-pays and some assistance for health insurance premiums and treatment-related travel expenses. Also provide emotional support over the phone through patient care navigators.</p>
<a href="#">Little Pink Houses of Hope</a>	<p>Little Pink Houses of Hope empowers breast cancer patients and families to live each day to the fullest, with direction, purpose, and hope for the cancer journey. We accomplish this through free, week-long vacation retreats.</p>
<a href="#">MBC Travelers</a>	<p>The mission of MBC Travelers is to empower metastatic breast cancer patients through bucket list travel.</p>
<a href="#">Patient Advocate Foundation</a>	<p>Patient Advocate Foundation offers personalized case management support to assist patients with the costs of care and practical expenses. All services are provided individually to those patients that are facing a chronic, life-threatening or debilitating diagnosis, and the caregivers and providers that are working on behalf of a patient.</p>
<a href="#">Sisters Network</a>	<p>Sisters Network is committed to increasing local and national attention to the devastating impact that breast cancer has in the African American community. They offer financial assistance and mammogram programming.</p>
<a href="#">Surviving Breast Cancer</a>	<p>An organization that supports those diagnosed with metastatic breast cancer diagnosis. Offering educational resources, programming, a podcast and other resources to help you during your diagnosis, treatments and recoveries.</p>
<a href="#">United Breast Cancer Foundation</a>	<p>UBCF offers an array of programs and services in order to help and support families and individuals dealing with breast cancer. We aim to assist those who need resources and encouragement as they navigate along their journey so that they might cultivate a more enriching and peaceful experience.</p>
<a href="#">Young Survival Coalition (YSC)</a>	<p>Supporting those diagnosed under the age of 40. Offering various programming and educational resources for those facing breast cancer.</p>